

Drug Status Report

Drug: Xenadrine EFX

This product is a dietary supplement from MuscleMaster.

Drug Name Status: Xenadrine EFX is the brand name

Thermodyne Complex™ (proprietary blend of l-tyrosine and acetyl-l-tyrosine)
Green Tea Extract (standardized for EGCG and caffeine)
Seropro™ (proprietary cocoa extract standardized for PEA (phenylethylamine), tyramine and theobromine)
Yerba Mate (standardized for caffeine)
Dimethionine
Ginger Root (standardized for gingerols)
Isotherm™ (proprietary blend of quercetin and fisetin)
Bitter Orange (standardized for synephrine)
DMAE (2-dimethylaminoethanol)
Grape Seed Extract.

Tyrosine is an amino acid.

The ingredients in Seropro are commonly found in chocolate which is derived from cocoa.

Yerba mate is a common South American drink made from an indigenous plant.

Dimethionine is a dimer of methionine, an amino acid.

Quercetin is an aglycone found in citrus fruits; fisetin is a flavonoid found in strawberries.

Synephrine also known as Oxedrine has been used as a decongestant. It has been reviewed and is considered a non controlled drug by OCS.

DMAE (2-dimethylaminoethanol) has been reviewed and is not considered a controlled drug by OCS.

Canadian Status: Xenadrine EFX does not contain ingredients which are included in the schedules to the CDSA.

Recommendation: Xenadrine EFX is not included in the schedules to the CDSA and is neither a controlled substance nor a precursor.

February 1, 2008